

## **LEARNING TO PRAY**

### **MATTHEW 6:5-13**

## **New Year's Resolution!**

### **1. PLAN TO PRAY**

**Luke 5:16 "But he (Jesus) would withdraw to desolate places and pray."**

### **2. JOURNALING**

Write down the date, lists, entire verses of scripture, names, needs, events of the day, upcoming meetings, everything and anything.

### **3. PRAY THE SCRIPTURES**

Take the time to look for the verses. Personalize them.

### **4. PHYSICAL POSTURE**

### **5. UNDERSTAND THAT GOD ALWAYS COMES FIRST**

**V9-10 "your name" "your kingdom" "your will".**

### **6. PRAY UNTIL YOU PRAY**

**Don Carson "Christians ought to pray long enough, honestly enough, at a single session, to get past the feeling of formalism and unreality that attends not a little praying."**